

# Lipid-Based Nanoparticles for Drug/Gene Delivery: An Overview of the Production Techniques and Difficulties Encountered in Their Industrial Development

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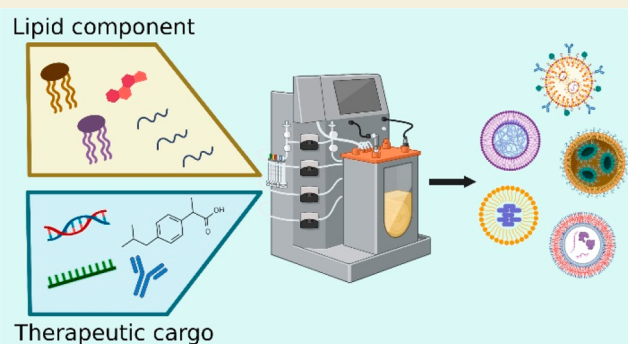
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**ABSTRACT:** Over the past decade, the therapeutic potential of nanomaterials as novel drug delivery systems complementing conventional pharmacology has been widely acknowledged. Among these nanomaterials, lipid-based nanoparticles (LNPs) have shown remarkable pharmacological performance and promising therapeutic outcomes, thus gaining substantial interest in preclinical and clinical research. In this review, we introduce the main types of LNPs used in drug formulations such as liposomes, nanoemulsions, solid lipid nanoparticles, nanostructured lipid carriers, and lipid polymer hybrid nanoparticles, focusing on their main physicochemical properties and therapeutic potential. We discuss computational studies and modeling techniques to enhance the understanding of how LNPs interact with therapeutic cargo and to predict the potential effectiveness of such interactions in therapeutic applications. We also analyze the benefits and drawbacks of various LNP production techniques such as nanoprecipitation, emulsification, evaporation, thin film hydration, microfluidic-based methods, and an impingement jet mixer. Additionally, we discuss the major challenges associated with industrial development, including stability and sterilization, storage, regulatory compliance, reproducibility, and quality control. Overcoming these challenges and facilitating regulatory compliance represent the key steps toward LNP's successful commercialization and translation into clinical settings.

**KEYWORDS:** Manufacturing, Lipid-based nanoparticles, Delivery systems, Lipid-based nanoparticle synthesis, Industrial challenges



## 1. INTRODUCTION

Lipid-based nanoparticles (LNPs) are a highly adaptable class of nanocarriers that have gained widespread usage in medical research and pharmacology.<sup>1</sup> They can encapsulate various therapeutic agents including small molecules, nucleic acids and monoclonal antibodies for a diverse range of applications.<sup>2,3</sup> LNPs offer several benefits, such as safeguarding drugs from *in vivo* degradation, boosting their solubility and efficacy, enabling targeted drug delivery to the disease site, regulating drug release, and altering drug biodistribution.<sup>4</sup> These engineered nanocarriers hold the potential to overcome significant limitations of traditional therapeutic products such as inadequate efficacy, susceptibility to enzymatic degradation, low bioavailability, and off-target side effects.<sup>1,5</sup>

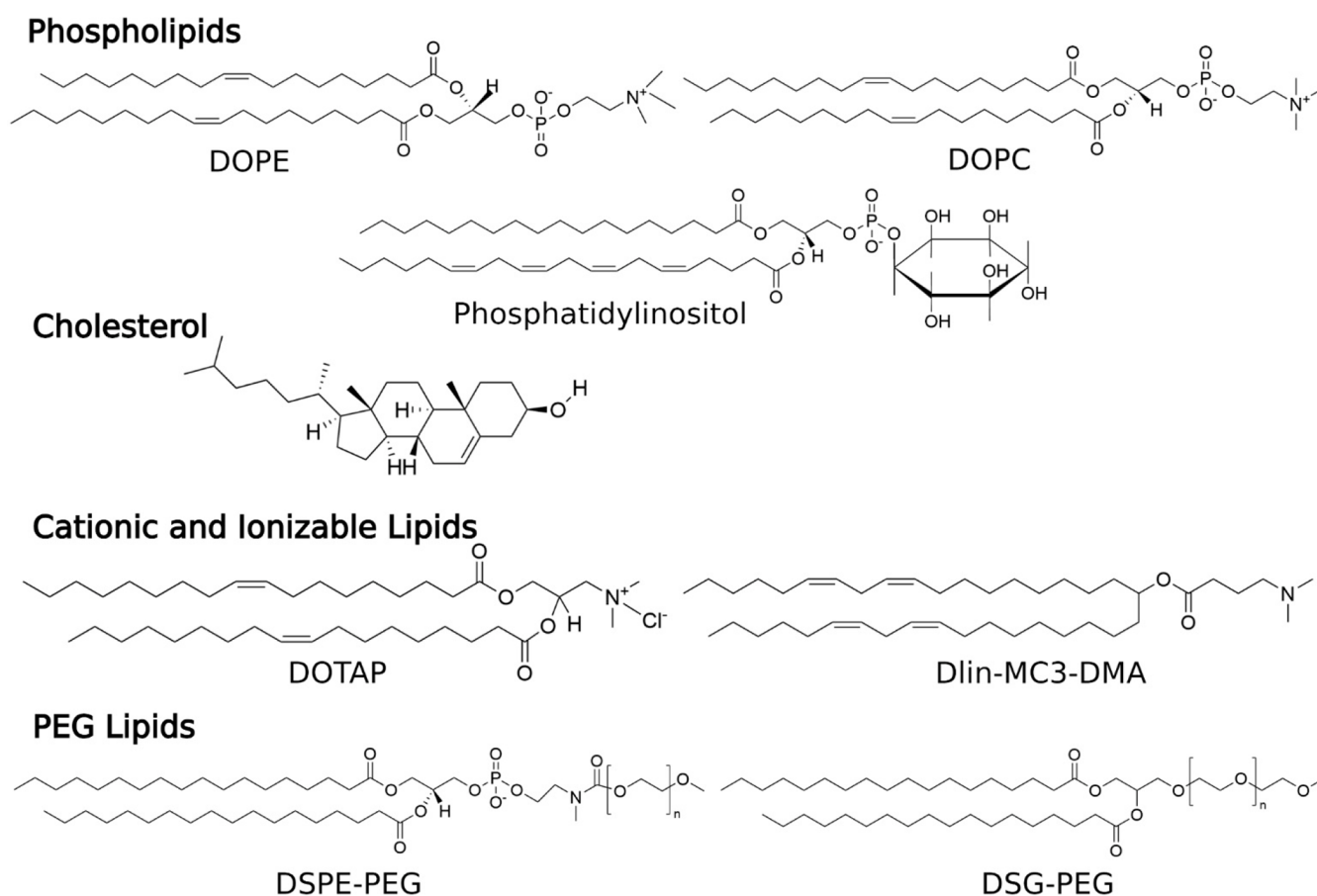
The potential for LNP-based pharmaceuticals has been increasingly recognized in recent years, with significant growth in both research and industrial sectors.<sup>6</sup> The LNP-based gene therapy market's value reached about \$3.5 billion in 2021, with a projected compound annual growth rate of around 18.5% from 2021 to 2026.<sup>7</sup> The current market value of liposomal therapeutics used for cancer treatment (e.g., Doxil, DaunoX-

ome, Myocet, DepoCyt, Marqibo, Onivyde) was approximately \$3.72 billion in 2021 and is anticipated to reach almost \$7 billion by 2027.<sup>8</sup> In addition to cancer treatment, LNP-based therapies have gained FDA approval for treating other diseases, including COVID-19 vaccine (Spikevax, Comirnaty) and Amyloidosis (Onpattro), by delivering mRNA and siRNA, respectively.<sup>9–11</sup> Nevertheless, to be clinically relevant, LNP-based therapies must be produced through techniques that ensure stability during storage, compatibility with sterilization, quality control, and regulatory compliance.<sup>4</sup> These factors are crucial to the successful development and translation of LNP-based therapeutics for clinical applications.

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**Figure 1.** Chemical structures of various components used in LNP formulations. These include phospholipids (1,2-dioleoyl-*sn*-glycero-3-phosphoethanolamine (DOPE), 1,2-dioleoyl-*sn*-glycero-3-phosphocholine (DOPC), and phosphatidylinositol), cholesterol, cationic and ionizable lipids (1,2-dioleoyl-3-trimethylammonium-propane (DOTAP), (1,2-dilinoleyloxy-3-dimethylaminopropane) (Dlin-MC3-DMA)), and PEG lipids (1,2-distearoyl-*sn*-glycero-3-phosphoethanolamine-*N*-[methoxy(polyethylene glycol)] (DSPE-PEG), 1,2-distearoyl-*sn*-glycero-3-phosphoethanolamine-*N*-[succinyl(polyethylene glycol)] (DSG-PEG)).

In addition to LNPs, metal–organic frameworks (MOFs) have emerged as a promising class of materials for drug delivery applications. MOFs possess unique porous properties that enable them to store and release molecules effectively, making them attractive candidates for drug delivery.<sup>12</sup> Zinc-based MOFs and chitosan/graphene oxide bionanocomposite beads efficiently loaded the antibiotic drug metronidazole, showing excellent releasing power.<sup>13</sup> Lipid-coated MOFs efficiently store dye molecules within the porous scaffold with the lipid bilayer preventing premature release. The lipid coating significantly improved nanoparticle stability, promising an innovative cancer therapy.<sup>14</sup>

Our review offers a comprehensive analysis of diverse LNP formulations, emphasizing their distinctive structural and physicochemical characteristics. We also briefly discuss computational modeling techniques such as molecular dynamics (MD) simulations, quantum mechanical calculations, and molecular docking studies in predicting the structural properties and dynamic behavior of LNPs.<sup>15,16</sup> Furthermore, we provide a thorough overview of the LNP manufacturing process, including both laboratory- and industrial-scale production. We also identify the crucial obstacles associated with the industrialization of LNP production that must be addressed to further the clinical implementation of LNPs in drug and gene delivery applications.

## 2. GENERAL CHARACTERISTICS OF LNPs

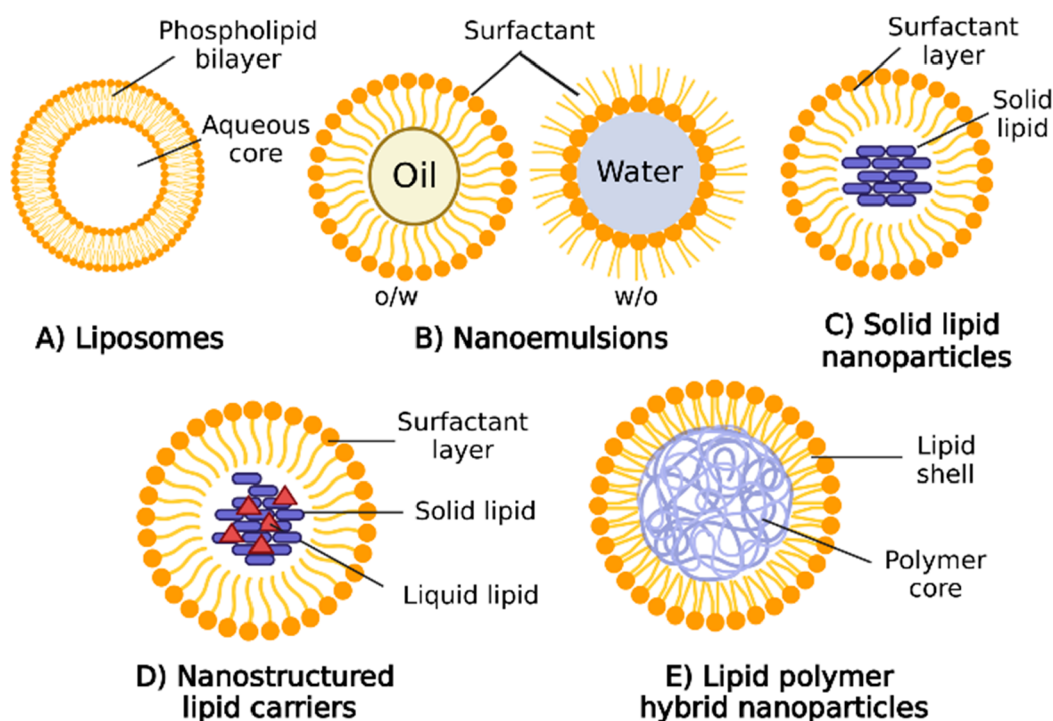
### 2.1. Main Components of LNPs

LNPs typically consist of four main lipid components: phospholipids and cholesterol, which are necessary for particle formation and stability; cationic or ionizable lipids, which enable binding with negatively charged nucleic acids, thereby increasing drug loading; and PEGylated lipids, which contribute to enhanced particle stability and circulation time within the biological system<sup>17</sup> (Figure 1). Due to their biomimetic architecture and the similarity of their lipid components to those of cell membranes, LNPs can easily cross the cell membrane to deliver nanoparticle contents to the desired intracellular sites. After crossing the cell membrane, LNPs can take advantage of the low pH environment within the target cells, promoting endosomal escape and releasing the therapeutic cargo into the cytoplasm.<sup>2</sup>

### 2.2. Characteristics of LNPs

Understanding key factors related to LNP characteristics is essential before delving into LNP categories and synthesis methods. These factors include LNP size, surface charge, morphology, stability, loading efficacy, and entrapment efficiency.

Nanoparticle size plays a vital role in LNP properties, influencing stability, biodistribution, cellular uptake, and overall therapeutic efficacy.<sup>18</sup> Smaller LNPs (size <100 nm)



**Figure 2.** Schematic illustration depicts the structure of various LNP formulations used in drug delivery. (A) Liposomes are spherical vesicles with phospholipid bilayers, encapsulating hydrophilic drugs in their aqueous core and incorporating hydrophobic drugs within the lipid bilayers. (B) Nanoemulsions comprise oil droplets dispersed in an aqueous phase stabilized by surfactants, accommodating lipophilic drugs in the oil phase while preventing droplet aggregation. (C) Solid lipid nanoparticles (SLNs) consist of solid lipid matrices entrapping hydrophobic drugs, forming nanoscale particles with a lipid core. (D) Nanostructured lipid carriers (NLCs) are similar to SLNs but contain a combination of solid and liquid lipids, resulting in a more stable matrix and improved drug loading capacity. (E) Lipid polymer hybrid nanoparticles combine lipid-based and polymer-based components, offering the benefits of both systems. These nanoparticles can effectively encapsulate various types of drugs and exhibit enhanced stability and controlled release properties. Each type of LNP structure provides unique advantages and can be tailored for targeted drug delivery, enabling the encapsulation of a diverse range of therapeutic agents. Figure created with [BioRender.com](https://www.biorender.com).

tend to exhibit enhanced cellular uptake and prolonged circulation time, while larger LNPs (size >100 nm) may offer higher drug loading capacity but reduced cellular uptake.<sup>19</sup> Dynamic Light Scattering (DLS) is the most preferred method for characterizing LNP sizes due to its effectiveness and convenience.<sup>20,21</sup>

Surface charge of LNPs, a critical parameter that indicates LNP stability in suspension, is commonly characterized through zeta potential measurements.<sup>22</sup> A highly positive or negative Zeta potential indicates a strong surface charge, which results in electrostatic repulsion between particles and enhancement of their stability in the dispersion. On the other hand, a Zeta potential close to zero suggests a low surface charge and a higher tendency for particle aggregation or coalescence, potentially leading to the destabilization of the LNP suspension.<sup>23</sup>

Surface morphology assessment of LNPs can be performed using transmission electron microscopy (TEM), scanning electron microscopy (SEM), and atomic force microscopy (AFM). These methods provide valuable insights into the physical structure and characteristics of the outer surface of the LNP.<sup>24</sup> A well-defined and smooth surface morphology is highly advantageous for LNPs in biological environments as it contributes to enhanced stability and mitigates the risk of opsonization, where serum proteins bind to the surface, triggering immune system clearance. This smooth surface minimizes unwanted interactions with biological components, promoting favorable LNP biodistribution and ensuring optimal

therapeutic efficacy.<sup>25</sup> On the other hand, LNPs with rough or irregular surface morphology may exhibit increased interactions with biological entities, potentially influencing LNP biodistribution patterns and impacting overall therapeutic effectiveness.<sup>25</sup>

LNP surface modification by PEGylation or targeting ligands can further influence the surface morphology of LNPs. For instance, these modifications can improve the stealth properties of LNPs, reducing recognition by the immune system and therefore extending drug circulation time for better drug delivery efficiency.<sup>26</sup> In short, accurate size, surface charge, and morphology determination of LNPs are crucial for optimizing LNP production and maintaining consistency in their properties. This precision plays a vital role in achieving a reliable and effective drug delivery using LNPs.

LNP stability, loading efficacy, and entrapment efficiency are critical factors in the development and optimization of LNP-based drug delivery systems. LNP stability refers to the capability of LNPs to preserve their physical and chemical properties over time under various conditions. These properties include shape, size, and lipid component integrity during long-term storage or exposure to different biological environments like blood, plasma, or varying pH conditions.<sup>27</sup> LNP drug loading capacity quantifies the total amount of drugs that can be loaded into the delivery system, while entrapment efficiency measures the effectiveness of the formulation process in retaining drug within the LNP.<sup>18</sup>

Table 1. LNPs in the Commercial Market and Clinical Trials

LNP subgroup	active substance	disease/applications	products	ref
liposomes	doxorubicin/ daunorubicin	cancer	Doxil, Myocet, Vixeos, DaunoXome, Transdrug	85–89
	other anticancer agents	cancer	Mepact, Depocyt, Marqibo, Onivyde	90–93
	paclitaxel	cancer	Abraxane	94–96
	amphotericin B	visceral leishmaniasis	Albecet, Ambisome, Amphotec	97–99
	vaccine	HAV viral vaccine	Epaxal, Inflexal	100, 101
	verteporfin	age-related macular degeneration	Visudyne	102
nanoemulsions	etomidate, profol	anesthetics	Etomidat-Lipuro, Diprivan	103, 104
	heparinoid	superficial thrombophlebitis	Nanoemulsions carrying heparinoid for topical delivery	105
	ibuprofen	pain relief	Topical delivery of ibuprofen-nanoemulsions	106
	cyclosporin A	immunosuppressants	Sandimmune and Sandimmun Neoral	107
	ritonavir	antiviral HIV-1 medicine in children	Norvir	108
	saquinavir	antiviral HIV-1 medicine in adult	Fortovase	108
solid lipid nanoparticles	mitoxantrone	hepatocarcinoma	Mitoxantrone-loaded polybutylcyanoacrylate nanoparticles (DHAD-PBCA-NPs) (phase II clinical trial)	109
	doxorubicin	hepatocarcinoma	Doxorubicin Transdrug (DT) (Phase III clinical trial)	110
	oxiconazole	tinea fungal infection	Oxiconazole nitrate solid lipid nanoparticles loaded gel (Phase I clinical trial)	111
	halobetasol propionate	inflammation	Pluronic gel Halobetasol propionate-loaded lipid nanoparticles	112
	siRNA targeting transthyretin gene	amyloidosis	Duobril (Phase IV clinical trial)	113
nanostructured lipid carriers	acitretin	psoriasis	Acitretin Precirol ATO 5/oleic acid/Tween 80 (Randomized Controlled Trial)	114
	all-trans retinoic acids	keratinization disorders	Oleic acid/Cetyl palmitate/Cineole/Limonene/Transcutol/Butylated hydroxytoluene/Tween 20/Tween 80	115
	self-amplifying RNA mRNA-1273	COVID-19	THEMBA II T-CELL Vaccine (phase I/II clinical trial)	116, 117
	BNT162b2 mRNA	COVID-19	Spikevax	118
		COVID-19	Comirnaty	119
lipid polymer hybrid nanoparticle	docetaxel	pancreatic cancer	Docetaxel polymeric nanoparticle (phase I clinical trial)	120, 121
	docetaxel	lung cancer with KRAS mutation	BIND-014 (Docetaxel Nanoparticles for Injectable Suspension) (phase II clinical trial)	122
	docetaxel	prostate cancer	BIND-014 (Docetaxel Nanoparticles for Injectable Suspension) (phase II clinical trial)	123

### 2.3. Computational Modeling of LNPs: Insights into Structure, Behavior, and Interactions

Computational modeling of LNPs utilizes computer-based methods such as MD simulations, quantum mechanical calculations, and molecular docking studies to analyze and predict the behavior, structure, and interactions of LNPs at the molecular level.<sup>28,29</sup> Among these, MD simulations have emerged as the primary method for studying LNPs. This technique was initially introduced by Chaban and Khandelia to characterize the molecular structure of lipid droplets, which consisted of varying fractions of cholesteryl oleate and triolein.<sup>30</sup> Using coarse-grained MD simulations, this group investigated the structure and transport properties of lipid droplets. Their findings revealed that cholesterol is uniformly distributed within the lipid droplet, and the extent of phospholipid coverage does not impact this distribution.<sup>31</sup>

Computational modeling is also a powerful tool for investigating the interaction between LNPs and different drug formulations.<sup>32</sup> Metwally and colleagues employed MD simulations to predict curcumin loading efficiency in solid LNPs.<sup>33</sup> The authors also used docking calculations to determine the binding energies between curcumin and solid LNPs. By establishing a correlation between the docking binding energy of the drug and LNPs and the entrapment

efficiencies in LNPs, this method offers valuable insights into drug loading capacity. Altogether, combination of bioinformatics and computational modeling could assist in selecting the best drug/carrier combinations for further investigation.<sup>33</sup>

In summary, computational tools can be used to optimize LNP formulations, screen potential drug candidates, and predict their behavior in biological environments, complementing experimental investigations in LNP research.<sup>32,34</sup> The following section will provide further insights into the application of computational modeling to study different types of LNPs.

## 3. MAIN TYPES OF LNPs

LNPs can be categorized into five subgroups: liposomes, lipid nanoemulsions, solid lipid nanoparticles, nanostructured lipid carriers, and lipid–polymer hybrid nanoparticles (Figure 2). This section offers an outline of the structural elements, physicochemical characteristics, computational modeling studies, and clinical applications of these LNP subgroups.

### 3.1. Liposomes

Liposomes, first discovered in 1965 by Bangham and colleagues, are self-assembling nanosized lipid vesicles comprising one or more concentric phospholipid bilayers

that enclose discrete aqueous spaces.<sup>35</sup> Liposomes were quickly recognized for their potential as drug delivery systems due to their ability to carry a diverse range of therapeutic drugs, with hydrophilic drugs contained within their aqueous core and hydrophobic drugs integrated into the lipid bilayer.<sup>36,37</sup> Additionally, liposomes can also carry other macromolecules such as different types of imaging agents, nucleic acids, and proteins, thus making them an extremely versatile drug delivery platform.<sup>4</sup> Liposomes can be synthesized into unilamellar or multilamellar vesicles, with sizes varying from 20 to 1000 nm, depending on the specific formulations and synthesis procedures.<sup>2</sup> Particle size is an important parameter for the pharmaceutical applications of liposomes. Small unilamellar liposomes ( $\leq 100$  nm) exhibit higher encapsulation efficiency, improved drug half-life, and the ability to evade the immune system upon administration.<sup>38</sup>

MD simulations have been instrumental in understanding liposome characteristics, including vesicle formation and conformational stability.<sup>39–41</sup> Furthermore, these simulations have been utilized to enhance liposome thermal stability by formulating them with different phospholipid components.<sup>40</sup>

In the context of PEGylation, MD simulations have shed light on its impact on the drug-loading efficiency in lipid membranes. Dzieciuch et al. conducted a study using MD simulations to investigate the interaction between a hydrophobic molecule, p-THPP, and lipid bilayers. Their findings revealed that in PEGylated membranes, p-THPP wraps around the PEG corona, resulting in increased exposure to the solvent when compared to zwitterionic membranes.<sup>42</sup> PEGylation enhances hydrophobicity and protects drug molecules like hematoporphyrin under physiological conditions.<sup>42</sup> However, MD simulations revealed that PEGylation may not always improve the targeting efficiency. For example, a research group studied an activated endothelium targeting peptide's effectiveness in directing liposomes to vascular endothelium.<sup>43</sup> Upon peptide anchorage to a PEGylated liposome, MD simulations did not show evidence of improved targeting capability, as the ligand was embedded within the PEG layer, reducing its exposure to the solvent.

Additionally, computational prodrug design methodology has been applied to explore various active pharmaceutical ingredients for optimizing drug encapsulation and release from liposomes.<sup>30</sup> By leveraging computational simulations, this approach showcases the promise of guiding the design and advancement of liposome-based drug delivery systems, thereby providing improved therapeutic efficacy and controlled drug release.

Liposomes are widely recognized as a versatile drug delivery system with advantages such as rapid absorption, improved drug bioavailability, reduced toxicity, and protection against hydrolysis and oxidation.<sup>4</sup> However, their clinical applications face challenges due to short half-lives, low biostability, and the risk of drug leakage.<sup>44</sup> To address these limitations, strategies have been developed, including targeted liposomes with surface-attached ligands and “stealth” liposomes enclosed with biocompatible polymers like PEG to evade the immune response.<sup>45–47</sup> For example, a preclinical study demonstrated successful delivery of therapeutic agents for glioblastoma across the blood-brain barrier using ApoE-functionalized liposomal nanoplatform based on artesunate-phosphatidylcholine (ARTPC) encapsulated with Temozolomide.<sup>48</sup>

Thanks to the rapid development of liposome formulations in both the research community and the industry area, there

has been a wide range of liposome drugs approved and applied in medical practice. For example, Doxil is the first FDA-approved liposomal drug containing doxorubicin (DOX) which is used to treat solid tumors.<sup>49,50</sup> Following the successful application of Doxil, various liposome-formulated drugs have been approved for disease treatments<sup>2</sup> (Table 1).

### 3.2. Nanoemulsions

Nanoemulsions are another type of LNP that consist of spherical biphasic liquid droplets ranging in size from 50 to 500 nm.<sup>51,52</sup> They are composed of an internally dispersed oil phase covered by an external continuous phase. Nanoemulsions can be prepared as oil-in-water (o/w) or water-in-oil (w/o) droplets to carry either hydrophobic or hydrophilic active compounds, respectively.<sup>53</sup> To stabilize these small droplets, different types of emulsifiers, such as surfactants, phospholipids, proteins, polysaccharides or polymers such as poly(vinyl alcohol), can be added during the synthesis procedure.<sup>54,55</sup> These surfactants, whether ionic or nonionic, prevent droplet aggregation through electrostatic repulsion or steric hindrance, hydration, and thermal fluctuation interactions.<sup>55,56</sup>

Nanoemulsions have a colloidal structure that enables solubilization and encapsulation of hydrophobic drugs, reducing adverse effects.<sup>57</sup> They are mainly used for topical drug delivery (Table 1) but have potential for other modes of administration like intravenous, ocular, intranasal, and oral delivery.<sup>58–61</sup> Nanoemulsions find applications in the food industry as flavoring, coloring, nutraceutical, or preservative agents.<sup>53</sup> They offer advantages as drug delivery systems, skincare materials, or food additives due to their cost-effectiveness, improved drug bioavailability, physical stability, and nontoxic nature.<sup>60</sup> However, they may be thermodynamically unstable, requiring surfactants, and can be influenced by environmental factors like pH and temperature, making them less suitable for clinical applications compared to other types of lipid nanoparticles.<sup>61</sup>

MD simulations are commonly used to explore the dynamic behavior, interactions, and stability of nanoemulsions at molecular levels under different conditions. For instance, Pirhadi and Amani used the MD simulations to study a siRNA-loaded nanoemulsion with benzalkonium chloride as a surfactant, cyclohexane as the oil phase, and ethanol as the cosurfactant.<sup>62</sup> MD simulations revealed oil molecules in the hydrophobic core, increasing the nanoemulsion size, while benzalkonium chloride's polar terminal groups were mainly on the surface. In another study, MD simulations were used to predict the interactions between polymeric surfactant and seven different hydrophobic drugs within nanoemulsions for improved drug solubilization and stability.<sup>63</sup> Besides MD simulations, mesoscale simulations, like dissipative particle dynamics, extend the scope to study larger scales and timeframes, providing a comprehensive understanding of nanoemulsion systems' collective behavior and stability.<sup>64</sup> In summary, these simulations aid in developing efficient and stable nanoemulsion formulations for drug delivery, cosmetics, and food technology.<sup>65</sup>

### 3.3. Solid Lipid Nanoparticles

Solid lipid nanoparticles (SLNs) were initially formulated as small spherical particles with a solid lipid core at room temperature, and subsequent advancements have led to the development of flat ellipsoidal or disc-like shapes, exhibiting sizes between 50 and 100 nm.<sup>18,66,67</sup> Within SLNs, the active

substance can be added to the lipid core or lipid shell or dispersed within the whole lipid matrix. The solid lipid core of SLNs is a new method to improve particle stability compared to liposomes.<sup>68</sup> The incorporation of cationic lipids into SLN shell formulations can enhance cellular internalization of the particles, potentially improving tumor targeting, blood-brain barrier penetration, and gene transfection efficiency.<sup>69</sup> Additionally, the outer shell of SLNs can be modified with macromolecules such as oligosaccharides, proteins, specific ligands, and antibodies to enhance their specificity at desired therapeutic sites.<sup>70–73</sup>

SLNs carrying several therapeutic agents including antioxidants, anticancer agents, nucleic acids, antibiotics, cytokines, and other hydrophobic drugs have currently been examined in clinical trials<sup>69</sup> (Table 1). Additional research is needed to comprehensively investigate the therapeutic capabilities of SLNs as drug carriers.

Using computational modeling, specifically MD simulations, offers valuable insights into the physicochemical properties and behavior of SLNs at the molecular level.<sup>74</sup> These simulations explore the dynamic behavior and interactions of lipid molecules within SLNs, shedding light on their stability, structural changes, and drug encapsulation efficiency under various conditions.<sup>75</sup> MD simulations were employed to investigate the structure and conformational differences of tripalmitin SLNs and the morphology of SLN.<sup>76</sup> Additionally, docking simulations were utilized to predict the loading of therapeutic agents into the SLN core. These computational modeling methods offer advantages in optimizing SLN formulations for specific applications by predicting drug release profiles, biodistribution, and cellular uptake.

From the pharmaceutical aspect, SLNs have both advantages and disadvantages compared to other types of drug carriers. SLNs offer several technical advantages such as drug protection from chemical and enzymatic degradation, improved physical stability, ease of scale-up production, omission of the need for organic solvents, ease of sterilization process, and ability to codeliver two active agents.<sup>68,77–79</sup> They also have great potential for various routes of administration.<sup>80</sup> This material also has reputation for being biodegradable and biocompatible.<sup>81</sup>

However, SLNs are facing the main technological issues of limited drug loading efficiency, short shelf life due to cold storage requirements, poor long-term drug retention, low drug loading capacity, polydispersity, and high operative temperature.<sup>69,82,83</sup> Indeed, specific values for these parameters can vary significantly depending on various factors, including formulation composition, lipid type, encapsulated drug, storage conditions, and intended application. For instance, the entrapment efficiency of Pomegranate extract within SLN has been reported within only 25.15–63.5%.<sup>84</sup> Therefore, researchers and manufacturers must carefully optimize these parameters to address the challenges and ensure the stability and efficacy of SLNs for specific applications.

### 3.4. Nanostructured Lipid Carriers

As mentioned earlier, solid lipid nanoparticles (SLNs) have a key weakness in limited drug loading capacity.<sup>124</sup> To address this challenge, researchers have introduced the second generation of SLNs, known as nanostructured lipid carriers (NLCs), which incorporate both solid and liquid lipids in their cores, resulting in a more disordered lipid structure. This structural characteristic allows for higher drug loading capacity

and improved drug release kinetics compared to SLNs.<sup>125,126</sup> The ratio between solid lipid (e.g., cetyl palmitate), liquid oil (e.g., caprylic triglyceride), and surfactant (e.g., polysorbate 80) plays a critical role in determining the entrapment efficiency and stability of therapeutic agents *in vivo*.<sup>127</sup> NLCs can be modified with ligands or polymers for targeted delivery of hydrophilic and hydrophobic drugs.<sup>79</sup> As efficient carriers, RNA- and pDNA-loaded NLCs enable gene therapy and personalized medicine, modulating gene expression, and delivering therapeutic proteins. These lipid-based nanoparticles offer versatile platforms for nucleic-acid-based therapies to treat genetic diseases and cancers.

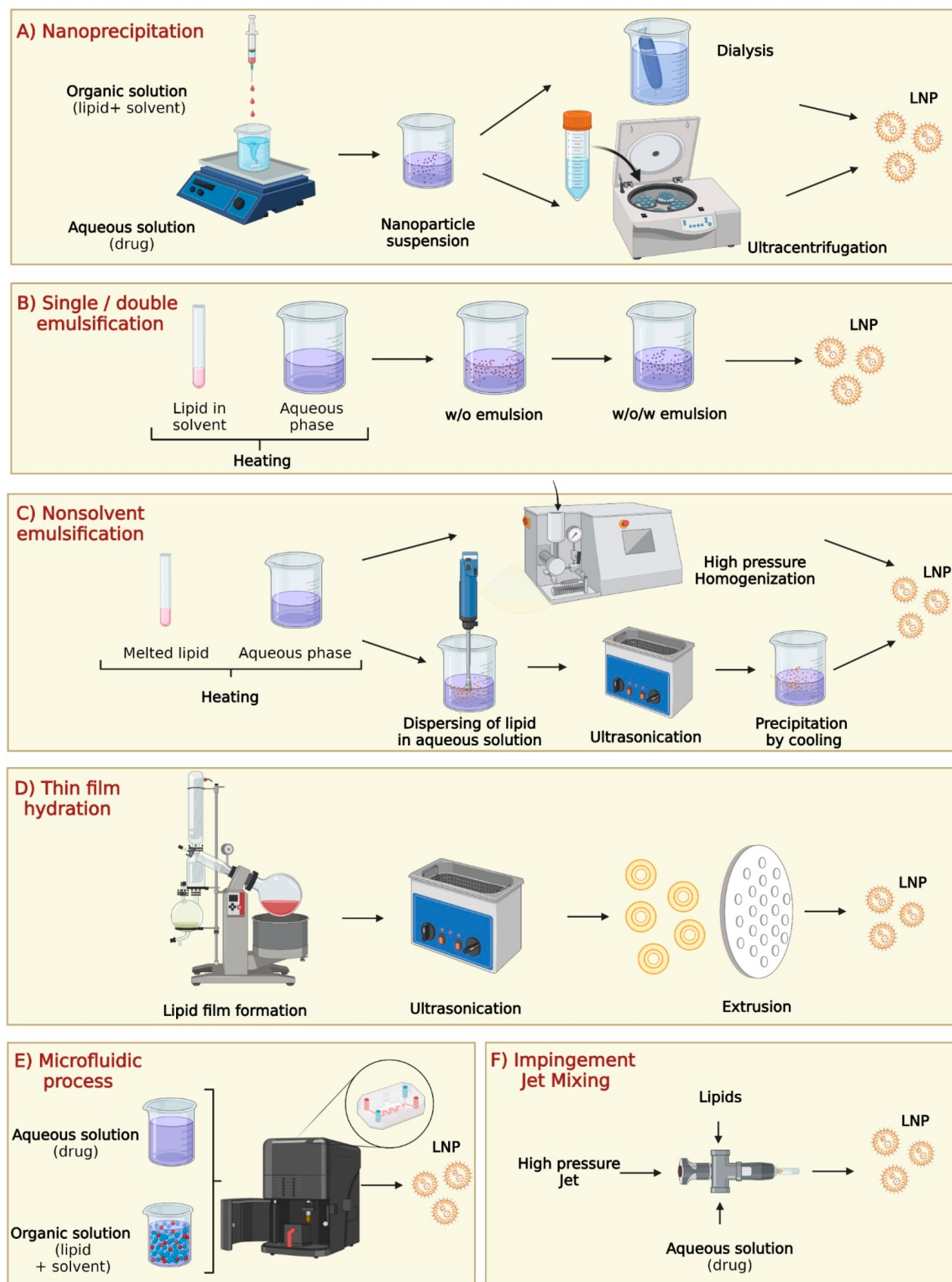
MD simulations offer valuable insights into the physicochemical properties and behavior of NLCs.<sup>74</sup> For instance, the self-assembly behavior of mixed NLC systems containing Rhodamine, Miglyol 812, Tween 80, and Gelucire 44/14 was investigated by using MD simulations.<sup>128</sup> The results demonstrated that raising the temperature to 358 K improved the stability of the NLCs, leading to enhanced component compaction. Furthermore, this study has shown that adding oil to the lipid formulation creates an imperfect core, effectively increasing the drug loading capacity of the NLCs.

NLCs offer advantages over other LNP formulations such as improved drug-loading capacity, controlled release, and enhanced stability for drug delivery.<sup>129,126</sup> They are biocompatible and biodegradable, making them ideal drug carriers. NLCs have shown promise in increasing oral drug availability and have been studied in clinical trials for various pharmaceuticals, including COVID-19 mRNA vaccines, anticancer agents, antioxidants, and antiviral agents<sup>127,130–132</sup> (Table 1). They also hold potential for gene therapy, chemotherapy, and applications in the food and cosmetic industry.<sup>133</sup> However, challenges like low drug loading efficiency and particle stability may affect their drug-delivery effectiveness.<sup>129</sup> Further research is required to tackle these challenges and unlock the full potential of NLCs in therapeutic and biomedical applications.

### 3.5. Lipid Polymer Hybrid Nanoparticles

Lipid polymer hybrid nanoparticles (LPNs) are another major type of lipid nanoparticle that combines the advantages of lipids and polymers for various biomedical applications.<sup>117</sup> LPNs have polymer cores that contain therapeutic substances and lipid/lipid-PEG shells as a “stealth” coating for improved *in vivo* circulation.<sup>134</sup> This unique structural composition offers optimal biocompatibility and physical stability, making them an ideal vehicle for drug delivery.<sup>117</sup> LPNs have been successfully used to encapsulate various pharmaceuticals, including nucleic acids, for sustained release and improved stability. Furthermore, incorporating functional groups on the polymer surface facilitates the targeted drug delivery to specific cells or tissues.

Density functional theory (DFT) simulations, one of the computational modeling methods, were utilized to gain a better understanding of the interaction mechanism between the anticancer drug doxorubicin (DOX) and the polymers within LNPs.<sup>135</sup> The study aimed to improve the therapeutic efficacy of doxorubicin (DOX) in lipid nanoparticles (LPNs). By analysis of the DOX-loaded LPNs, researchers found that polymers interacted strongly with DOX at various sites, forming stable complexes. The simulations indicated energetically favorable binding, suggesting a potential for enhancing oral bioavailability.



**Figure 3.** LNP synthesis processes in laboratory and industry environments: (A) Nanoprecipitation, (B) single/double emulsification, (C) nonsolvent emulsification, (D) thin film hydration, (E) microfluidic process, and (F) impingement jet mixer. Created with BioRender.com.

LPNs are gaining recognition as an advanced substitute for traditional liposomal and polymeric drug delivery systems due to their wide range of advantages, encompassing applications in combinatorial/active targeted drug deliveries, cancer gene therapy, vaccine development, and novel diagnostic imaging methods.<sup>136</sup> Encouraging results from Phase I and II clinical trials demonstrate the potential of LPNs in delivering the anticancer drug Docetaxel, particularly for lung, pancreatic, and prostate cancers<sup>120–123</sup> (Table 1). Nevertheless, LPNs encounter certain challenges, such as potential polymer component toxicity and difficulties in achieving consistent particle size and shape.<sup>18</sup> Ongoing research endeavors aim to address these obstacles and further advance LPNs for use in diverse biomedical applications. Despite the challenges, LPNs exhibit great promise for drug delivery due to their distinctive properties and versatility in addressing various biomedical needs.

#### 4. LNP SYNTHESIS METHODS

Nanoparticle synthesis typically involves two methods: bottom-up and top-down approaches. The bottom-up approach nucleates atomic-sized materials into nanoparticles using gas phase synthesis, block copolymer synthesis, Turkevich method, and microbial synthesis.<sup>135,136</sup> The top-down approach physically dismantles bulk materials into nanosized fragments using milling, spark ablation, and laser ablation.<sup>72</sup> For LPNs, the synthesis primarily follows a wet chemistry bottom-up approach due to their distinctive colloidal structure.<sup>137</sup> This section provides an overview of the main LNP synthesis methods, including nanoprecipitation, single/double emulsification, nonsolvent emulsification, thin film hydration, microfluidic process, and impingement jet mixing technology<sup>137</sup> (Figure 3).

The choice of the LNP synthesis method plays a crucial role in determining their therapeutic applications, as it directly influences their physicochemical properties, drug loading efficiency, stability, and behavior in vivo. Each LNP synthesis method yields nanoparticles with distinct characteristics that directly impact their performance in various therapeutic applications.<sup>137</sup>

##### 4.1. Nanoprecipitation

The nanoprecipitation method was first developed by Fessi et al. in 1989 and has been mainly used for encapsulating hydrophobic drugs (Figure 3A).<sup>21</sup> This technique relies on a precipitation mechanism, wherein two miscible solvents, the organic phase and aqueous phase, are continuously mixed under moderate magnetic stirring to facilitate the spontaneous formation of LPNs. The organic phase consists of film-forming polymers, drug molecules, polymers, lipophilic surfactants, and organic solvents, while the aqueous phase contains water and stabilizer.<sup>134</sup> The polymers utilized for LNP production can fall into two categories: nonbiodegradable, such as Eudragit, and biodegradable, such as polylactide (PLA), polylactide-co-glycolide (PLGA), and poly- $\epsilon$ -caprolactone (PCL).<sup>138–141</sup>

After particle formation, the organic solvent is removed from the formulation using methods like dialysis, ultracentrifugation, rotary evaporation, and freeze-drying.<sup>143</sup> Dialysis, the most popular method for solvent removal, involves placing the LNP formulation in a dialysis bag or tubing with a semipermeable membrane, allowing the solvent to diffuse out into a buffer solution until desired solvent removal level is achieved.<sup>144</sup> Ultracentrifugation uses high centrifugal forces to pellet LPNs

based on size and density, leaving free lipids and unincorporated drugs in the supernatant.<sup>145</sup> Rotary evaporation evaporates the solvent under reduced pressure and elevated temperatures, collecting the solvent separately and leaving behind a concentrated LNP suspension.<sup>146</sup> Freeze-drying freezes the LNP suspension and removes the solvent through sublimation under vacuum, resulting in a dry, solid LNP powder.<sup>147</sup> These methods are crucial for LNP formulation development, ensuring highly concentrated and purified LPNs for diverse biomedical applications.

The size and drug encapsulation efficiency of LPNs prepared by nanoprecipitation can be significantly affected by various parameters, such as the stirring rate, aqueous/organic phase ratio, and concentration of lipid/surfactant/drug.<sup>21</sup> The formation of inhomogeneous and incomplete saturated lipid solutions may interfere with spontaneous nucleation during small particle formation, resulting in varied LNP sizes.<sup>21,142</sup> Additionally, incomplete mixing of aqueous and organic solutions before precipitation can lead to unevenly small LNP sizes.<sup>143</sup> Therefore, it is crucial to thoroughly characterize the size and surface morphology of the produced LPNs before any testing or application.

Incomplete mixing during nanoprecipitation is a critical challenge that contributes to batch-to-batch variation and compromises the overall quality of the LPNs.<sup>144</sup> To overcome these issues, careful optimization of the mixing process is essential. By controlling crucial mixing parameters such as speed, duration, and solvent ratio, it is possible to achieve better homogenization of lipids and drug molecules.<sup>142</sup> This fine-tuning ensures a more uniform distribution, resulting in consistent and efficient LNP formulations across different batches. Addressing these challenges in nanoprecipitation is vital to enhance the reproducibility and quality of LPNs, making them more suitable for large-scale production and expanding their potential in various therapeutic applications.<sup>144</sup>

##### 4.2. Single/Double Emulsification

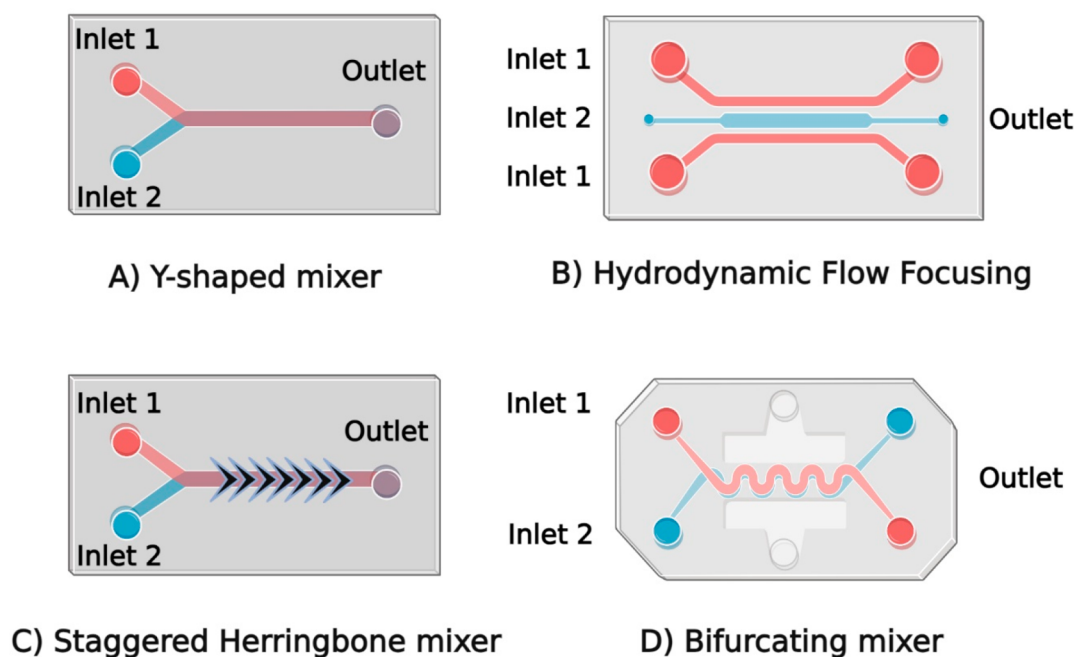
The single oil/water solvent emulsification method, invented by Gasko, is a commonly used technique for preparing LPNs carrying hydrophobic drugs (Figure 3B).<sup>145</sup> It involves low melting lipids like stearic acid and Compritol 888 ATO, surfactants such as Epikuron 200 and Tween 80, emulsifiers like polysorbate 20 and polysorbate 600, and water.<sup>146</sup> The solvent mixture is preheated, water is added, and then the mixture is emulsified to create oil-in-water emulsions. These emulsions are transferred to cold water with continuous stirring for LNP crystallization.

Another approach to synthesizing LPNs is the solvent-based emulsification method, which can be achieved through emulsion-solvent evaporation, solvent diffusion, solvent displacement, or solvent injection.<sup>147</sup>

In this method, lipids and poorly water-soluble drugs are dissolved in an organic solvent and emulsified with an aqueous solution to create oil-in-water emulsions. The emulsion is then evaporated under agitation to remove the organic solvent, followed by centrifugation. However, residual solvent toxicity can be a concern, especially if the lipid solubility in the solvent remains low.<sup>27</sup>

The double emulsification technique is developed for preparing hydrophilic-loaded LPNs. In this method, an aqueous solution is emulsified in melted lipid solvents to create a primary water-in-oil (w/o) emulsion. Next, the primary oil-in-water (o/w) emulsion is dispersed as droplets





**Figure 4.** Different designs of microchips used in microfluidic devices: (A) Y-shaped mixer, (B) hydrodynamic flow focusing, (C) staggered herringbone mixer, and (D) bifurcating mixer. Created with [BioRender.com](https://www.biorender.com).

in another aqueous solution containing a hydrophilic emulsifier, resulting in the formation of a double water-in-oil-in-water (w/o/w) emulsion using either sonication or membrane emulsification.<sup>148</sup> Typically, two surfactants are used in this process: one hydrophobic surfactant to stabilize the interface of the water-in-oil (w/o) internal emulsion and one hydrophilic surfactant for the external interface of the oil globules. Microemulsion methods can produce LNPs loaded with various drug compounds, such as Baclofen, Idarubicin, Ketoprofen, Nevirapine, and Tobramycin.<sup>2,149</sup>

Although the emulsification technique offers the advantage of low mechanical energy input, it also has several drawbacks, including a low dispersing degree, emulsion instability, lipid insolubility in organic solvents, and the need for additional solvent removal procedures.<sup>150,151</sup> In line with LNPs prepared using nanoprecipitation and microfluidic methods, it is crucial to incorporate a solvent removal step in the synthesis process to mitigate the potential toxicity associated with any residual solvents in the produced LNPs.<sup>152</sup>

#### 4.3. Nonsolvent Emulsification

Nonsolvent emulsification techniques offer a solvent-free approach to create oil-in-water emulsions using melted lipids as the liquid phase (Figure 3C).<sup>142</sup> High-pressure homogenization and ultrasonication are commonly used methods for this purpose. In the homogenization process, melted lipids are mixed with drugs and a preheated aqueous phase containing surfactants. The mixture undergoes high-pressure homogenization for several cycles to achieve the desired nanoparticle size.<sup>153,154</sup> Alternatively, ultrasonication involves homogenizing the aqueous phase with surfactants and melted lipids using high-speed stirring, followed by ultrasonication to break down large particles into smaller droplets.<sup>155</sup>

However, the nonsolvent emulsification technique involves complex procedures and multistep processes, leading to a potential batch-to-batch variation. Variations in homogenization/sonication time, lipid surfactant ratio, drug concentra-

tions, and lipid/surfactant type can result in different particle sizes, polydispersion indices, zeta potential, and drug entrapment efficiency in the lipid nanoparticles, leading to variable product outcomes.<sup>156,157</sup> To ensure consistent product quality, the careful optimization of these parameters is essential.

#### 4.4. Thin Film Hydration

Thin film hydration is a widely used method in both laboratory and industrial settings for producing lipid nanoparticles (Figure 3D). In this process, lipids are dissolved and mixed in an organic solvent to achieve homogeneity, and then the solvent is removed through rotary evaporation, forming a thin lipid film on the flask's sides.<sup>146</sup> After hydrating the lipid suspension, it is passed through a filter with uniform pore sizes several times, resulting in uniform-sized lipid nanoparticles.<sup>146</sup> Various parameters, such as applied pressure, temperatures, membrane pore size, extrusion force, and the number of cycles, can affect the mean size and polydispersity of the nanoparticles produced.<sup>2</sup> The extrusion process is favored due to its lower energy requirements, reduced risk of contamination, and narrower particle size distribution achieved with consistent filters. Industry-utilized extruders like LIPEX and LiposoFast LF-50 have successfully produced liposomes with diverse payloads, including proteins, peptides, small molecules, and larger molecules.<sup>93</sup>

#### 4.5. Microfluidic Process

The microfluidic process is widely acknowledged as a highly successful method for the industrial production of diverse lipid nanoparticles.<sup>158</sup> This method is fundamentally based on nanoprecipitation due to the precisely controlled mixing of lipid and drug solutions in microchannels.<sup>159</sup> The rapid mixing at the microscale in microfluidic devices enables more uniform and reproducible nanoparticle formation compared with traditional bulk mixing methods. Additionally, the small dimensions of microfluidic channels offer advantages in terms of heat and mass transfer, resulting in improved size control and homogeneity of LNPs.<sup>160</sup> The microfluidic

approach allows for precise tuning of formulation process parameters, such as flow rates, concentrations, and mixing ratios, to optimize LNP characteristics.<sup>159</sup> By controlling these parameters, researchers can tailor the size, drug loading capacity, and stability of LNPs for specific therapeutic applications.

In a microfluidic device, lipid fluids are controlled in microchannels with dimensions in the tens of microns.<sup>96</sup> There are two primary types of microfluidic devices used for producing LNPs: chip-based platforms, which involve the controlled mixing of organic and aqueous solvents within a specifically designed chip, and capillary-based platforms, where the organic solvent is introduced through a central tube surrounded by multiple tubes for rapid dilution with the exiting aqueous solution.<sup>161</sup>

In the upcoming section, our focus will be on chip-based mixers, which utilize diverse micromixer designs to produce LNPs (Figure 4).

**4.5.1. T- or Y-Mixer.** Chip-based platforms use a variety of microchannel designs for LNP production. The flat microchannel, which contains T- and Y-shaped microchannels, is the earliest and simplest microchip to produce LNPs (Figure 4A). Upon introducing the lipid and buffer solutions at the inlets, LNPs form at the liquid interface through molecular diffusion-based organic solvent dilution.<sup>161,162</sup> T- or Y-shaped mixing is a rapid mixing method requiring high flow rates (40 to 60 mL/min) to produce high volumes of LNPs (>100  $\mu$ L).<sup>163</sup> Although this flat microchannel method offers high throughput and straightforward device fabrication, it faces challenges in scaling down to the small volumes required for discovery experiments. Additionally, the limited control over LNP size, ranging from 30 to 250 nm, may not produce the ideal LNPs.<sup>161</sup>

To address the limitations in throughput volume and LNP size control, alternative mixer devices have been explored for LNP preparation.

**4.5.2. Hydrodynamic Flow Focusing.** Hydrodynamic flow focusing (HFF) is one of the most used micromixer designs (Figure 4B). HFF devices have 2D and 3D structures, where the former belongs to chip-based platforms and the latter is a capillary-based platform.<sup>144</sup> For the 2D HFF, fluids are injected simultaneously via three inlets. The organic phase containing the precursor ingredients of the nanoparticles is introduced to the central stream, and the aqueous phase streams squeeze the central channel perpendicular and create a narrowly focused stream, generating rapid diffusion-based mixing.<sup>144,164</sup> In a 2D HFF, the laminar flow condition develops interfacial force. Small-size LNPs (<150 nm) are produced by adjusting operating parameters which could influence the interface of the aqueous and organic phases.<sup>1,3</sup> A comparison study demonstrated that an HFF device could generate small siRNA-LNPs with an average size of 38 nm. The 20% enhanced encapsulation efficiency with gene silencing *in vitro* has been shown compared to vortex mixing.<sup>6</sup> However, the low throughput (<10 mL/h) limits the application of 2D HFF, and the lipid aggregation happening at the wall of the microfluidic channel affects the particle size control and results in channel blocking.<sup>4,165</sup>

To further investigate the HFF, a 3D HFF was developed by DeVoe's group.<sup>166</sup> This multicapillary-arrayed device contains seven small capillary arrays embedded in one larger capillary where the lipid stream inlet was in the middle, and an aqueous solution was injected into the outer channel. This 3D HFF can

produce consistently uniformed liposomes with four-time increase in throughput compared to the conventional 2D HFF.<sup>166</sup> However, the main drawback of this multicapillary arrayed 3D HFF device is the complicated manufacturing operation with costly equipment.<sup>167</sup> Meanwhile, when forming the smallest LNPs using the HFF technique, the high flow rate ratio will dilute the sample concentration, which may affect the following *in vivo* experiment.<sup>163</sup> Those issues limit the application of HFF; thus, this mixer is not extensively used as other microfluidic devices.

**4.5.3. Staggered Herringbone Micromixer.** Several passive mixers have been reported to enhance production efficiency by increasing the contact area between the aqueous and solvent phases.<sup>4</sup> One such mixer is the staggered herringbone micromixer (SHM), featuring an asymmetric herringbone groove pattern in microchannel (Figure 4C).<sup>139</sup> The herringbone structure disrupts the laminar flow, leading to chaotic advection and rapid, controlled mixing (<10 ms) to form homogeneous and small LNPs (30 nm) with high reproducibility.<sup>4,144,163</sup> However, the low throughput of the SHM (<100 mL/h) limits its full clinical potential as the demand for LNPs in clinical applications grows, making it a significant bottleneck in scaling up LNP production for large-scale therapeutic use.<sup>165</sup>

We introduce the groundbreaking parallelized microfluidic device (PMD), a revolutionary system that ushers in a new era of scalable LNP production. From the early discovery phase with milliliter per hour rates to the clinically relevant milliliter per hour rates, the PMD offers an impressive 100-fold enhancement over single microfluidic channels, addressing the pressing need for efficient and versatile manufacturing processes in the field of LNP synthesis. With ladder geometry and SHM mixing channels (1 $\times$ , 10 $\times$ , and 128 $\times$ ), the PMD enables precise scalability.<sup>165</sup> Additionally, individual flow resistors ensure uniform fluid distribution, enhancing formulation consistency.<sup>165</sup> Validation studies confirm remarkable therapeutic potential, surpassing conventional bulk mixing methods in *in vivo* siRNA and mRNA delivery. The success of the SHM led to NanoAssemblr platforms, offering user-friendly and rapid solutions for scalable LNP production, advancing nanomedicine for clinical applications.<sup>168</sup>

**4.5.4. Bifurcating Mixer.** The NxGen<sup>TM</sup> mixer by NanoAssemblr is a groundbreaking advancement designed for the large-scale production of LNPs.<sup>169</sup> It overcomes LNP scale-up reproducibility challenges, achieving over 25 times the throughput of the classic mixer without compromising identical particle formation conditions, ensuring highly reproducible outcomes across various particle types. Its innovative chip design features numerous bifurcating mixers, inducing chaotic flow and rapid mixing, enabling LNP production at exceptional rates of up to 200 mL/min while maintaining LNP encapsulation rate and polydispersity control (Figure 4D).

The NxGen mixer promises rapid and efficient large-scale LNP manufacturing. It is indispensable for researchers and pharmaceutical companies seeking scalable, high-throughput LNP production, advancing therapeutic developments, and personalized medicine. This mixer revolutionizes LNP formulation, bridging the gap from the laboratory to real-world clinical applications.<sup>4</sup>

#### 4.6. Impingement Jet Mixer

Impingement jet mixing (IJM), also referred to as the tea stirrer, is an innovative microfluidic mixing technique for the small-scale production of mRNA-LNPs<sup>170</sup> (Figure 3F). It is a device that creates a high-velocity stream of fluid being directed toward another stream of fluid, resulting in intense mixing and shearing forces that can effectively homogenize the two fluids.<sup>171</sup> To produce LNPs, the IJM is first used to mix lipids with an aqueous solution containing the drug or therapeutic agent of interest. The high-pressure jet forces the lipids to form small droplets that are then stabilized by surfactants, resulting in the formation of LNPs. The size and properties of the resulting nanoparticles can be controlled by adjusting the processing parameters of the mixer such as the pressure and flow rate of the fluids.

Starting from the small size of the confined IJM, the IJM can be easily scaled up based on the original design, making it a valuable tool in pharmaceutical manufacturing, particularly during pandemics such as COVID-19. IJM systems have been widely used for mRNA-COVID-19 vaccine production by several companies, such as Knauer and Pfizer. At Knauer, the IJM system utilizes 400 pounds of pressure to combine a lipid solvent solution with an mRNA solution, effectively forcing the fluids to mix.<sup>172</sup> Pfizer successfully replicated the quarter-sized mixers and implemented a parallelization of 100 static mixers, enabling continuous synthesis and significantly increasing vaccine productivity at the Kalamazoo site to 100 million doses per month.<sup>173</sup> To automate the process, a computer system was implemented to control the flow rate and pressure. Overall, IJM is a powerful tool for producing uniform and stable LNPs for drug delivery applications.

#### 4.7. Scaling-Up LNP Production by Microfluidic Devices

Microfluidic technologies can be utilized to achieve the scaled-up production of LNPs for industrial applications. To achieve this purpose, in microfluidic systems, strategies like pilling-up, numbering-up, or parallelization of microfluidic devices are employed.<sup>162</sup>

Pilling-up involves stacking multiple microfluidic devices in series, increasing throughput and production capacity, which enhances overall production efficiency.<sup>110</sup> Numbering-up, on the other hand, entails running multiple identical microfluidic devices in parallel, multiplying the production rate and enabling higher LNP yields within the same time frame.<sup>110</sup> Parallelization takes the integration of multiple microfluidic devices, optimized for specific LNP synthesis steps, into a single production platform, resulting in a streamlined workflow and improved overall LNP production.<sup>110</sup> For example, a research group introduced iLiNP (invasive lipid nanoparticle production device), a microfluidic device comprising five-layered microchannels created by stacking glass-iLiNP devices and later parallelized (numbering-up) to achieve mass LNP production. The iLiNP system efficiently produces LNPs in the size range of 20 to 60 nm at a flow rate of 20–50 mL/min, demonstrating comparable performance to commercially available microfluidic systems like NanoAssemblr.<sup>111</sup>

By implementing these strategies, researchers and industry can overcome the limitations of single microfluidic devices and achieve significant scale-up improvements in LNP production, making them more viable for large-scale applications.

### 5. MAIN CHALLENGES ASSOCIATED WITH THE INDUSTRIAL DEVELOPMENT OF LNPs

LNPs have shown immense promise as therapeutic nano-carriers, creating high demand across diverse fields, especially in the pharmaceutical industry. Nevertheless, traditional manufacturing approaches pose significant challenges in scaling up nanomedicine production, limiting their clinical development.<sup>27</sup> Furthermore, the substantial costs associated with commercial manufacturing act as a recognized barrier, hindering the smooth transition from bench research to clinical application.<sup>27</sup>

In this section, we will delve into the primary challenges associated with the industrial production of LNPs, encompassing aspects such as stability, sterilization, storage, regulatory compliance, and quality control of synthesized LNPs.

#### 5.1. Stability and Sterilization

Stability is a crucial requirement in the industrial production of LNP formulations, and it can be influenced by lipid polymorphism, which refers to phase transformations.<sup>113,174</sup> Different methods and lipid types used in LNPs can lead to polymorphism, potentially compromising their stability.<sup>175</sup> For instance, exposure to radiation and high temperatures can trigger lipid polymorphism, resulting in LNP instability.<sup>27</sup> Polymorphism has been observed in triglycerides and fatty acids prepared using the hot homogenization method.<sup>175</sup>

During preparation or storage, triglycerides in LNPs may convert from their  $\alpha$ -form to the more stable  $\beta$ -form, leading to the formation of polymorphic crystalline aggregates and reduced amorphous zones in the carrier matrix, which can result in drug leakage.<sup>176</sup> The kinetics of triglyceride polymorphic transitions depend on chain length, with longer-chain triglycerides crystallizing more slowly than shorter-chain ones.<sup>177</sup> As a result, LNP formulations composed of long-chain triglycerides tend to be more stable than those containing short-chain triglycerides. Proper consideration of lipid polymorphism is vital for achieving stable LNP formulations during industrial production.

Sterilizing LNPs during industrial production poses a significant challenge due to potential destabilization caused by conventional methods.<sup>116</sup> For instance,  $\gamma$  radiation commonly used for sterilization can lead to lipid oxidation and chain scission, affecting LNP stability and efficacy.<sup>178</sup> Autoclaving may trigger phase transitions and thermal stress, further destabilizing LNPs.<sup>179</sup> Filtration and aseptic processing may cause aggregation or deformation due to shear stress.<sup>180</sup> To address this, alternative sterilization methods like UV irradiation, ethylene oxide sterilization, and mild sterile filtration have been explored.<sup>121</sup> However, each method has limitations and requires careful optimization for each LNP formulation. Thus, selecting an appropriate sterilization method remains critical for ensuring the stability and efficacy of LNPs during industrial production.

#### 5.2. Storage

Industrial production of LNPs poses significant challenges due to their inherent instability and susceptibility to physical and chemical changes during storage. These alterations can have adverse effects on drug encapsulation, release properties, and overall stability, leading to issues like aggregation, changes in particle size distribution, drug leakage, and decreased stability.<sup>27</sup> Additionally, lipid oxidation during storage can impact particle surface charge, drug release properties, and

Table 2. Toxicity of LNP-Based Marketed Drugs

Marketed formulation	active drug	toxicity symptoms	ref
Doxil	doxorubicin	hand-foot syndrome, stomatitis, skin toxicity (facial swelling, itching), hypersensitivity reactions, mild myelosuppression and alopecia, dyspnea	200–202
Myocet	doxorubicin	neutropenia, mild cardiotoxic	203
Abelcet, Amphotec, AmBisome	amphotericin B	nephrotoxicity, hypersensitivity reactions such as rash, flushing, facial edema, bronchospasm, persistent fever and rigors, hypokalemia	204–206
Linhaliq/Pulmaquin	ciprofloxacin	dyspnea, bronchospasm, hemoptysis, cough, taste disorders.	207
Daunoxome	daunorubicin	hematological toxicity such as neutropenia, back pain	208, 209
Visudyne	verteporfin	back pain, chest pain, dyspnea, dizziness, rash	210
Arikace	amikacin	ototoxicity including deafness, dizziness, vertigo, dysphonia, pneumonitis, laryngitis	211, 212
Ambraxane	paclitaxel	neutropenia, hypersensitivity reactions, neuropathy, severe myelosuppression	213

stability, potentially resulting in the formation of toxic byproducts that can compromise therapeutic efficacy.<sup>122</sup>

Moreover, interactions with container materials, such as leaching of ions, absorption of surfactants, and changes in pH, can further influence LNP stability.<sup>181</sup> Due to these issues, most LNP formulations have a relatively short shelf life of less than one year.<sup>182</sup> Efforts to overcome these obstacles and extend the shelf life of LNPs are essential for successful commercialization and widespread clinical use of these promising nanocarriers.

To tackle these challenges, several strategies have been devised, encompassing lyophilization, incorporation of stabilizing agents like antioxidants or chelators to prevent oxidation and aggregation, utilization of excipients as buffers, osmolytes, or cryoprotectants, and specialized packaging materials to prevent container interactions.<sup>181,183</sup> Freezing and lyophilization are commonly used techniques for long-term storage of lipid-based formulations.<sup>184,185</sup> However, lyophilization can be costly and time-consuming, potentially leading to drug damage due to stresses from crystallization and vacuum dehydration, thereby compromising LNP stability unless cryoprotectants are included.<sup>186,187</sup>

Studies have shown that incorporating 5% (w/v) sucrose or trehalose (cryoprotectants) in LNP-mRNA formulations stored in liquid nitrogen can preserve mRNA in vivo efficacy for up to 3 months.<sup>187</sup> Pfizer's COVID-19 mRNA vaccines are stored in freezing conditions with added sucrose, and Moderna uses Tris-HCl buffer as a hydroxyl radical scavenger, providing additional stabilization for LNP-based mRNA vaccines.<sup>188,189</sup> Implementing these strategies holds promise in extending the LNP shelf life and enhancing the stability of LNPs, thereby advancing their successful utilization in various therapeutic applications.

Existing LNP-formulated drugs often necessitate ultracold storage temperatures.<sup>190</sup> For instance, during the COVID-19 pandemic, mRNA-LNP vaccines like Comirnaty (BNT162b2) and Spikevax (mRNA-1273) require storage at ultracold temperatures (−80 and −20 °C, respectively) to ensure their safety and efficacy as per regulatory guidelines.<sup>182</sup> Consequently, the distribution and storage of these vaccines require advanced packaging technologies and specialized containers capable of withstanding ultralow temperatures and minimizing breakage during transportation.<sup>191</sup>

To address these challenges, Corning researchers have introduced Valor glass vials specifically designed for delivering LNP-based mRNA vaccines.<sup>192</sup> Valor glass vials are made from aluminosilicate glass, providing superior strength and resistance to breakages, even in extremely cold conditions. These vials are produced using the ion exchange method, reducing cracks, breakage, and particulate contamination, while an inner

coating diminishes friction and aesthetic flaws. These vials comply with USP Type I hydrolytic criteria and exhibit low extractable concentrations, ensuring a high product quality.

Moreover, SiO<sub>2</sub> Materials Science, a U.S.-based pharmaceutical company, has developed a novel container for LNP-mRNA vaccine storage. This SiO<sub>2</sub> primary container combines a cyclic olefin polymer with nanolayer glass as the inner layer, achieved through plasma-enhanced chemical vapor deposition. This innovative SiO<sub>2</sub> vial demonstrates exceptional resistance to physical, thermal, and chemical stress over its lifespan, eliminating concerns of breakage or leakage.<sup>193</sup>

In conclusion, optimizing the long-term storage of LNPs requires careful consideration and fine-tuning of storage conditions and packaging to ensure their enduring stability and effectiveness.<sup>190,194</sup> Moreover, special attention should be devoted to shelf life during formulation design to facilitate the widespread use of LNP products, such as mRNA-LNP vaccines.<sup>184</sup> While challenges related to LNP storage persist, ongoing research and innovation are essential to surmounting these hurdles and making LNP-formulated drugs more accessible and efficacious.

Conclusively, to improve the long-term storage of LNPs, careful consideration and optimization of storage conditions and packaging are required to ensure their stability and efficacy.<sup>80,180</sup> Additionally, more attention should be given to shelf life in formulation design to facilitate large-scale use of LNP products such as mRNA-LNP vaccines.<sup>182,194</sup> While challenges associated with LNP storage remain, continued research and innovation are necessary to overcome these obstacles and make LNP-formulated drugs more accessible and effective.

### 5.3. Regulatory Compliance

In addition to the challenges in research and development, it is anticipated that the regulatory approval process can pose an additional barrier for unfeasible LNP-based technologies, especially considering the diverse range of compounds that can be delivered by LNPs.<sup>195</sup> Regulatory bodies such as the Food and Drug Administration (FDA) and European Medicines Agency (EMA) require LNPs to meet quality, safety, and efficacy standards before approval.<sup>196</sup> During the preclinical development stage, cell and animal studies are conducted to evaluate the toxicological effects of the LNP formulation. If considered safe, then approval (via an FDA "Investigational New Drug" or EMA "European Investigational Medicinal Product Dossier" form) is required to begin phase I clinical trial. This meticulous regulatory scrutiny ensures the safety and effectiveness of LNPs in therapeutic applications.

To ensure regulatory compliance, toxicology evaluations play a crucial role, particularly concerning LNPs, as their

accumulation in healthy tissues can lead to cytotoxicity and genotoxicity (Table 2). This may be due to the cationic lipid components utilized in LNP formulations. For instance, first-generation monoalkyl cationic lipid, stearyl amine, has been shown to cause hemolysis and hemagglutination of human erythrocytes.<sup>81</sup> Another commonly used cationic lipid, DOTAP, has the propensity to bind to serum proteins, lipoproteins, and the extracellular matrix, leading to aggregation or premature drug release.<sup>197,198</sup> Similarly, LNPs containing YSK05, a pH-sensitive cationic lipid used for delivering short interfering RNA (siRNA), exhibited rapid interactions with cell surfaces, leading to concentration-dependent toxicity in human A375 and A375-SM melanoma cell lines.<sup>199</sup> Addressing these toxicological concerns is vital for the safe and effective use of LNPs in therapeutic applications.

Following government approval for clinical use, LNP-based drugs undergo comprehensive testing in clinical trial phases 1–3.<sup>214</sup> These trials involve evaluation in healthy individuals, patients with the target disease, and a larger population, with additional approvals needed between phases 2 and 3. Throughout each stage, the regulatory agency thoroughly assesses safety and efficacy data, potential side effects, dosing regimen, and overall safety profile to make informed decisions on authorizing the drug for commercial use. These rigorous evaluations ensure that LNP-based drugs meet the highest standards of safety and effectiveness before they become available for widespread clinical application.

Adhering to government regulatory standards is crucial to ensure patient safety and enable the therapeutic application of LNP-based drugs.<sup>195</sup> In certain situations, approval can be expedited, as seen during the rapid authorization of LNP-formulated mRNA vaccines amidst the SARS-CoV-2 health emergency.<sup>215</sup> Additionally, large pharmaceutical companies hold an advantage in the LNP field, leveraging prior regulatory approvals and successful R&D pipelines.<sup>216</sup> However, the typical FDA and EMA approval process for new drugs takes around 6–9 months, considering the FDA's requirement to approve or reject a drug within 10 months after phase 3 trial completion. Consequently, staggered approval of LNP-based drugs can be attributed to research and technical limitations.

A notable example is Patisiran (Onpattro), an FDA-approved medication for treating fatal hereditary polyneuropathy. Its R&D pipeline involved the design and screening of more than 300 ionizable lipids, evaluating suitable LNP size, encapsulation efficiency, surface charge, and injection site for targeted siRNA delivery. This exhaustive study showcases significant advancements in LNP research while emphasizing the considerable effort needed for successful regulatory approval.<sup>10,217</sup>

Ensuring regulatory compliance for LNPs is paramount to guarantee their safety and effectiveness in therapeutic applications. Manufacturers must adhere to established quality standards, conduct rigorous characterization studies and toxicology evaluations, and meet specific regulatory criteria for clinical trials before LNPs can be authorized for use.<sup>195</sup> This comprehensive approach is essential to ensure that LNPs meet the necessary safety and efficacy standards, providing confidence in their therapeutic potential.

#### 5.4. Quality Control

The significance of quality control in LNP industrial production cannot be overstated as it is pivotal to ensure the safety, efficacy, and consistent therapeutic performance of

these products. Manufacturers must adhere to stringent quality control procedures throughout the entire production process to guarantee that the final LNP product aligns with the required specifications and standards. An essential aspect of quality control involves a thorough validation of the manufacturing process itself, verifying its reproducibility, consistency, and adherence to the required quality benchmarks. To achieve this, manufacturers should implement a robust quality management system, incorporating regular audits, inspections, and comprehensive documentation to ensure compliance with regulatory requirements.<sup>218</sup>

Characterizing LNPs through quality control is crucial, involving the assessment of physicochemical properties like particle size, polydispersity index (PDI), surface charge, morphology, and stability.<sup>4</sup> These attributes termed critical quality attributes (CQAs) for liposome drug products, significantly impact the safety and performance of LNPs, necessitating stringent control and monitoring during production.<sup>219</sup> Meeting regulatory requirements, LNPs should have a PDI value of  $\leq 0.30$ .<sup>220</sup> However, the conventional batch process often yields large, heterogeneous particles ( $>100$  nm), necessitating additional steps like extrusion, sonication, and homogenization to reduce particle sizes, leading to challenges in quality control and batch-to-batch consistency. Variations in lipid and component batches can further compound inconsistencies in the final product, aggravated by production condition differences, such as temperature, pressure, and mixing parameters. This approach's scalability to larger volumes poses challenges in quality control and increased variability.<sup>221,222</sup>

Alternatively, continuous processing, such as microfluidic mixing, offers better control over product quality and performance.<sup>223,224</sup> The incorporation of turbidity probes and UV–vis spectrometers with predictive algorithms enables real-time monitoring and feedback, swiftly detecting and rectifying deviations from the desired specifications during production. The scalability achieved through pilot-scale mixing process scaling-out ensures enhanced reproducibility and facilitates scaled-up production.<sup>225</sup>

In conclusion, achieving superior quality control in industrial LNP production requires a comprehensive approach involving robust process validation and meticulous characterization. By adhering to required specifications and standards, manufacturers can confidently deliver safe, effective, and reliable LNP-based therapies to patients.

## 6. FUTURE PROSPECTS AND CONCLUSION

This review has delved into the clinical potential of various types of LNPs and their production processes at both laboratory and industrial scales. To enable widespread clinical application, addressing challenges is crucial, such as developing efficient scaling-up methods such as continuous flow synthesis to increase yield and reduce costs.

Harmonizing regulatory policies for LNP use in clinical settings at a global level is essential. Consistency in regulations can foster the development and approval of new LNP-based therapies, especially for rare diseases that require international collaboration.<sup>226</sup> The International Council for Harmonization of Technical Requirements for Pharmaceuticals for Human Use (ICH) guidelines provide a framework for new drug development, and mutual recognition agreements between regulatory agencies facilitate the approval process for drugs approved in other countries.<sup>196</sup>

In conclusion, LNPs hold significant promise for improving drug delivery. Different types of LNPs and preparation methods offer distinct advantages and challenges, necessitating careful consideration when designing drug delivery systems. While clinical trials have demonstrated the effectiveness of LNPs, further improvements in their industrial development are needed to ensure safe and efficient drug delivery.

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### Author Contributions

#M.M. and T.A.B. contributed equally to this work. **Meenu Mehta** conceptualization, writing original draft, writing-reviewing and editing; **Thuy Anh Bui** conceptualization, writing original draft, writing-reviewing and editing; **Xinpu Yang** writing original draft about Microfluidic devices, **Yagiz Aksoy** writing-reviewing and editing; **Ewa M. Goldys** reviewing and editing; **Wei Deng** funding acquisition, conceptualization, writing original draft, writing-reviewing and editing.

### Notes

The authors declare no competing financial interest.

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